

Appendix 3: Worcestershire Health service referrals

Please note: For the most up to date referral information and referral criteria it is best to refer to the service's own webpage.

Service	Who can refer	Comment
ADHD pathway	Referral to Community Paediatrics by any health or education professional including school.	Assessment for possible neuro-developmental conditions due to significant concern with attention, concentration and /or hyperactivity.
Autism Spectrum Disorder assessment pathway - Umbrella Umbrella Service (hacw.nhs.uk)	Referrals: from School, school nurse or GP, Complex Communication Needs (CCN) team, Educational Psychology (EP), Speech and Language Therapy (SALT), or Occupational Therapy Team (OT).	The referral form requires very detailed information and will require parents to complete a home form in partnership with the child/ young person's school/educational setting, or professionals working closely with the child over time on a regular basis.
Community Paediatrics - (0-18 years) Community Paediatric Team (hacw.nhs.uk)	Referral: by any professional including school.	Specialist doctors who do clinical assessments for children and young people with long-term disability, developmental delay, and neurodevelopmental conditions.
CAMHS CAST (Consultation, Advice, Supervision and Training) CAMHS CAST (hacw.nhs.uk)	Any professional can refer using referral form once they have parental consent, but it is best if the school refers. Every school has a named CAST worker who they can contact.	CAST offers mental health specific consultation, advice, supervision and training to school staff and other professionals where a young person is not currently receiving Specialist CAMHS support.
CAMHS - Reach for Wellbeing CAMHS Reach4wellbeing (hacw.nhs.uk)	Referral: Accepts both self-referrals, parent referrals and professional referrals. NOTE: Because of the nature of the service Reach for Wellbeing does not accept referrals for children with ASD	Online group programmes using cognitive behavioural therapy (CBT) principles. A six-week anxiety and low mood programme for young people who are in years 7 to 13. A six-week anxiety programme for parents/carers to support the emotional wellbeing needs of their children who are in reception to year 6.

Service	Who can refer	Comment
CAMHS - Wellbeing and Emotional Support Teams in Schools CAMHS West (hacw.nhs.uk)	Referral: Only schools who have an education mental health practitioner attached to their school can refer directly.	Children and young people 5-18 years Short term support delivered by education mental health practitioners (EMHPs) and senior practitioners, using cognitive behavioural therapy (CBT) methods to help with low mood, wellbeing, anxiety and behavioural difficulties.
CAMHS: Integrated Services for Looked After Children (ISL) CAMHS ISL (hacw.nhs.uk)	Referral: only by social worker or CAMHS.	Mental health support for looked after children. A looked after child is defined as a child who has been in the care of their local authority for more than 24 hrs.
SPECIALIST CAMHS (Tier 3) CAMHS Specialist (hacw.nhs.uk)	Referral: by any professional.	Specialist CAMHS is a multi-disciplinary team made up of psychiatrists, nurses, social workers, psychologists all with specialist training of working in mental health with children and young people who have more complex or severe difficulties.
Continence Nurse Continence Adult Service (hacw.nhs.uk)	Discuss referral with school nurse or paediatrician.	One paediatric continence nurse sits within the adult continence team.
Health Visitors (children 0-5 years) Worcestershire Health Visiting Service (startingwellworcs.nhs.uk)	Referral: Parent can phone direct. (telephone numbers can be found on the website)	Health Visitors provide a family focused service to ensure children and families have a positive start in life. They are community based to ensure the service continues to be accessible to all. Health Visitors will also provide support over the telephone.
Paediatric Occupational Therapy and Specialist Play Nursery Nurses Occupational Therapy Paediatric (hacw.nhs.uk)	Referral: by any professional including school SENCO	Paediatric Occupational Therapy enables children or young people to take part in daily life which is made up of many activities which they may be finding more difficult to participate in. These activities include self-care, being productive (going to nursery or school) and leisure activities like playtime.

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<p>Paediatric Physiotherapy Physiotherapy Paediatric (hacw.nhs.uk)</p>	<p>Referral: health professionals; Health Visitors, GPs and Consultants can refer children who meet the following criteria:</p> <p>Children aged between 0-18 years that have a Worcestershire GP.</p> <p>Children up to 19 years of age if they are in full-time education in a Worcestershire Special School</p>	<p>They work with children who have neurological, developmental, and orthopaedic conditions who may also have complex long-term medical, social and learning needs. The focus is on maximising a child or young person's physical ability within their everyday activities at home, in education and in their community.</p>
<p>School Health Nursing (children and young people aged 5-19) School Health Nursing (startingwellworcs.nhs.uk)</p>	<p>Referral: Via GP or school or parent can phone directly</p> <p>Young people (11-19 years) can self-refer via Chat Health service</p> <p>startingwellworcs.nhs.uk/chathealth</p>	<p>They provide a wide range of services to meet the needs of children, young people and their families. These include (but are not limited to):</p> <p>National Child Measurement Programme (NCMP)</p> <p>School-aged Hearing Screening</p> <p>Home visits</p> <p>Time4U drop in service</p> <p>Health needs assessments</p> <p>School Health Nurses can also signpost to other services</p> <p>Safeguarding and Children in Need - attending case conferences, core groups, other relevant meetings, undertaking health assessments.</p>
<p>Speech and Language Therapy Childrens SaLT (hacw.nhs.uk)</p>	<p>If a parent is concerned about their child's speech, language, communication or feeding/swallowing - advice and referral can be made through their GP, Health Visitor, School Nurse or other professionals who may be involved with their child.</p> <p>Parents are also welcome to ring their local Speech and Language Team.</p> <p>Schools, Nurseries and other childcare settings can also refer on parent's behalf with their consent.</p>	<p>Children's centres: Every centre has a named speech and language therapist, regular talking walk-in sessions and therapy groups</p> <p>Child development centres: Speech and language therapists are part of the team</p> <p>Schools: Every mainstream school has a named speech and language therapist who visits.</p>

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Special School Nursing Special School Nursing (hacw.nhs.uk)	Referral: They are available within Special Schools at varying times and the school will always have a contact number for their allocated Special School health nurse.	The Special School Nursing service supports the health care needs of children and young people attending Worcestershire Special Schools.
Orchard Nursing Orchard Service North (hacw.nhs.uk) Orchard Service South (hacw.nhs.uk)	Referral: Referrals are accepted from a variety of sources, including acute hospital settings, community Paediatrics and the wider multi-disciplinary team.	Children's Community Nursing and Palliative Care Team. A multi-disciplinary team who provide holistic care to patients with a nursing need, this may be an acute illness or a long-term complex health need.

Prepared 20/4/22. Review date: 20/4/23.